



Open Water Diver Course – Confined Water Dives Itinerary

- SCUBA PARK:** DeLeon Springs State Park, DeLeon Springs, Florida (do not forget to print the driving directions). The park entry fee (\$16.00) is included in the price of the Open Water Diver Course. I will meet you at the park office. I must accompany you into the park.
- WHAT TO BRING:** Bring everything you will need for the day such as water, cold drinks, snacks, sun glasses, towels, sun lotion, hats, lawn chairs, etc. Make sure you bring your **Open Water Diver Manual** and **Log Book**. We will provide sandwiches, water and soft drinks. There is a restaurant to purchase water, soft drinks and food items.
- SCHEDULE:** This is the tentative schedule. Please be on time and flexible as things tend to change as the day progresses.

CONFINED WATER DIVES ITINERARY - OPTION A (DeLeon Springs)

SATURDAY

- 08:30 AM** Fill out required paperwork and setup student folders
09:00 AM Review Chapter 1 Knowledge Review. Quiz 1
10:00 AM 15 Minute Break
10:15 AM Review Chapter 2 Knowledge Review. Quiz 2
- 11:30 PM** Lunch
- 01:00 PM** Review Chapter 3 Knowledge Review. Quiz 3
02:00 PM 15 Minute Break
02:15 PM Review Chapter 4 Knowledge Review. Quiz 4
03:30 PM 15 Minute Break
03:45 PM Review Chapter 5 Knowledge Review
04:15 PM 15 Minute Break
04:30 PM Final Exam

SUNDAY

- 07:45 AM** Arrive at DeLeon Springs Park.
08:30 AM Unload personal items and equipment from your vehicle. Change into swimsuits and setup classroom area.
09:00 AM 200 yard swim.
09:30 AM Confined Water Dive 1
11:00 AM 15 Minute Break
11:15 AM Confined Water Dive 2
- 12:15 PM** Lunch
- 01:30 PM** 10 Minute Tread
01:45 PM 15 Minute Break
02:00 PM Confined Water Dive 3
03:00 PM Confined Water Dive 4
04:00 PM Confined Water Dive 5
04:30 PM Pack up equipment and leave park.
05:00 PM Park closes for all scuba diving.



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CONFINED WATER DIVES ITINERARY - OPTION B (Pool)

SATURDAY

08:30 AM Fill out required paperwork and setup student folders
09:00 AM Review Chapter 1 Knowledge Review. Quiz 1
10:00 AM 15 Minute Break
10:15 AM Review Chapter 2 Knowledge Review. Quiz 2
11:15 AM 15 Minute Break
11:30 AM Review Chapter 3 Knowledge Review. Quiz 3

12:30 PM Lunch Break

01:30 PM Confined Water Dive 1
03:00 PM 15 Minute Break
03:15 PM 10 Minute Tread
03:30 PM 15 Minute Break
03:45 PM Confined Water Dive 2
04:45 PM Clean up pool area and pack up equipment

SUNDAY

08:30 AM Review Chapter 4 Knowledge Review. Quiz 4
09:45 AM 15 Minute Break
10:00 AM Review Chapter 5 Knowledge Review
10:30 AM 15 Minute Break
10:45 AM Final Exam

12:00 PM Lunch

01:00 PM 200 yard swim
02:00 PM Confined Water Dive 3
02:45 PM 15 Minute Break
03:00 PM Confined Water Dive 4
03:45 PM 15 Minute Break
04:00 PM Confined Water Dive 5
04:45 PM 15 Minute Break
05:00 PM Clean up pool area and pack up equipment